What is Dermal Micro Needling (DMN)?

Also know as Collagen Induction Therapy and Dermal Rolling. DMN is a in-clinic treatment which stimulates normal collagen production using a roller with stainless surgical steel needles. The top layer of the skin is preserved while the skin needling, causes tiny micro breaks within the skin. In response the skin cells release a series of growth factors and proteins which promote the production of collagen and Elastin in the skin.  At a microscopic level, proliferated skin cells, such as fibroblasts, migrate to the point of injury and transform into collagen fibers, resulting in increased fibre strength and elasticity and a thicker tissue layer. This treatment improves your skin by inducing the increased production of collagen, facilitating natural repair and growth, making the skin stronger and thicker.

What are the benefits of DMN over other procedures?

DMN treatments do not burn like laser or acid treatments and do not cause any disruptions to normal activities. There is less discomfort and recovery is fast. Furthermore, DMN is effective on all body areas. DMN is a superb treatment on the face and on the hands, chest, neck, knees, elbows, thighs, etc.

What's the down time and side effects?

Treatments on thousands of clients of different race and color show no-adverse skin reaction. DMN treatments have none of the common risks and offer all of the advantages of the most invasive and most expensive treatments. The needles can only go into the skin so far – that’s why there are six different models. The only variable is for the practitioner to determine which of the rollers to use. Even if he goes too deep, the damage is minimal and not permanent. Downtime is minimal and usually after a few hours your skin can be "back to normal”

What results can I expect, and how soon?

Depending on the area treated, you will notice an improvement in your skin's appearance. Acne scars will be less obvious. Age spots and fine lines are greatly diminished. Your skin will be softer, smoother, and younger-looking. After your first treatment, your skin will have a fresh pink glow. Improvement continues throughout your treatment program. You will begin to notice visible results after about the third treatment.

Is DMN effective on any skin type?

DMN stimulates collagen and Elastin production and makes a lasting difference on any skin types of any age as the therapist can adjust the treatment to the individual skin.

How many treatments are required for substantial results?

Age and skin conditions will determine the number of treatments required to achieve the maximum effect. For more common skin conditions may require anywhere between 3-8 treatments with 2 to 3 week intervals between visits. The results are evident from both the skin texture and its appearance after the very first session. It is also recommended to get a Dermal Roller to use at home up to three times a week.

What is the skin's appearance immediately after the treatment and what after care is necessary?

Occasionally the treatment results in a mild redness, which may last a few hours. After the treatment, slight skin sensitivity may show. To protect and soothe the skin, post-care is advised as a home care regime

Is the treatment painful?

It is a treatment to deliver results and not as much for relaxation. You will feel many fine needles on your skin area where the therapist is working. Treatments require no downtime and have no pain. A topically applied anaesthetic is applied to minimise any discomfort when receiving a clinic treatment.

How can I make DMN most effective?

The only proven way to further boost collagen production is to prepare the skin with Vitamin A prior to the treatment and then maintain an enhanced state of collagen and Elastin production by continuing the skin care regime thereafter.

Can I combine DMN with other treatments?

Because DMN does not remove any skin the "recovery” time is only a few hours and therefore any other advanced treatment like Microdermabrasion, Peels, IPL can be done within a day of DMN. Your Aesthetician will recommend the best combination and treatment plan to meet your needs, suited to your skin and lifestyle. This will include pre treatment preparations, post treatment intensifiers as part of your home care skincare plan.